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What is claimed is:

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1. A method of reducing the severity of inflammation in a subject comprising:

- a. selecting a subject with inflammation or at risk for inflammation and
- b. administering to the subject an effective amount of an agent that inhibits glycogen synthase kinase 3 activity, inhibition of glycogen synthase kinase 3 reducing the severity of inflammation in the subject.
- 2. The method of claim 1, wherein the agent is administered within 24 hours before or after the subject is contacted with an inflammatory agent.
- 3. The method of claim 2, wherein the agent is administered within 2 hours before or after the subject is contacted with an inflammatory agent.
- 4. The method of claim 2, wherein the agent is administered within 2 hours before or after inflammation begins.
- 5. The method of claim 1, wherein the inflammation is associated with an infection.
- 6. The method of claim 5, wherein the infection is a viral infection.
- 7. The method of claim 5, wherein the infection is a bacterial infection.
  - 8. The method of claim 7, wherein the bacterial infection is a gram positive bacterial infection.
  - 9. The method of claim 7, wherein the bacterial infection is a gram negative bacterial infection.
- 20 10. The method of claim 1, wherein the agent is lithium chloride.
  - 11. The method of claim 1, wherein the agent is SB216763.
  - 12. The method of claim 1, wherein the inflammation is sepsis.
  - 13. The method of claim 1, wherein the agent is administered to the subject prior to or after surgery.
  - 14. The method of claim 1, wherein the agent is administered to the subject prior to or after contact with an infectious biological weapon.
    - 15. A method of reducing the severity of inflammation in a subject comprising:
      - a. selecting a subject with inflammation or at risk for inflammation and
      - b. administering to the subject an effective amount of an agent that inhibits phosphorylation of glycogen synthase kinase 3 activity, inhibition of phosphorylation of glycogen synthase kinase 3 reducing the severity of inflammation in the subject.

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16. The method of claim 15, wherein the agent mediates the phosphorylation of serine at the ninth or twenty first residue of glycogen synthase kinase 3.

- 17. The method of claim 16, wherein the agent is lithium chloride.
- 18. The method of claim 16, wherein the agent is SB216763.

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- 19. A method of reducing the severity of inflammation in a biological system comprising:
  - a. selecting an inflamed biological system or a biological system at risk for inflammation and
  - b. administering to the biological system an effective amount of an agent that inhibits glycogen synthase kinase 3, inhibition of glycogen synthase kinase 3 reducing the severity of inflammation in the biological system.
- 20. The method of claim 19, wherein the biological system is an *in vitro* or *ex vivo* culture system.
- 21. The method of claim 19, wherein the biological system is a tissue culture system.
- 22. The method of claim 19, wherein the biological system is an organ culture system.
- 23. A method of reducing the severity of inflammation in a biological system comprising:
  - a. selecting an inflamed biological system or a biological system at risk for inflammation and
  - b. administering to the biological system an effective amount of an agent that modulates phosphorylation of glycogen synthase kinase 3, modulation of phosphorylation of glycogen synthase kinase 3 reducing the severity of inflammation in the biological system.
- 24. A method of reducing the severity of inflammation in a subject comprising:
  - a. selecting a subject with inflammation or at risk for the inflammation and
  - b. administering to the subject an effective amount of an agent that inhibits phosphorylation of glycogen synthase kinase 3, inhibition of phosphorylation reducing the severity of the inflammation in the subject.
- 25. The method of claim 24, wherein the inflammation is associated with an inflammatory disease.
- 26. The method of claim 25, wherein the inflammatory disease is selected from he group consisting of systemic lupus erythematosus, Hashimoto's disease, rheumatoid

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arthritis, graft-versus-host disease, Sjögren's syndrome, pernicious anemia, Addison disease, scleroderma, Goodpasture's syndrome, Crohn's disease, autoimmune hemolytic anemia, myasthenia gravis, multiple sclerosis, Basedow's disease, thrombopenia purpura, insulin-dependent diabetes mellitus, allergy; asthma, inflammatory bowel disease, cancer, ulcerative colitis, scleroderma, and cardiomyopathy.

- 27. A method of reducing the risk of inflammation in a recipient of an implantation or a transplantation comprising contacting the implant or transplant with an agent that inhibits glycogen synthase kinase 3 activity, inhibition of glycogen synthase kinase 3 activity reducing the risk of inflammation of the recipient.
- 28. The method of claim 27, wherein the contacting step is performed prior to implantation or transplantation into the recipient.

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29. A method of reducing the risk of inflammation in a recipient of an implantation or a transplantation comprising contacting the implant or transplant with an agent that modulates phosphorylation of glycogen synthase kinase 3 activity, modulation of phosphorylation of glycogen synthase kinase 3 activity reducing the risk of inflammation of the recipient.